



**PUDUCHERRY POLICE
ANNUAL MEDICAL EXAMINATION REPORT**

Pro forma for annual health check-up for ACR - Part-I (7)

Name:

Age:

Sex: Male / Female

Date:

A. Investigations Reports:

1. Haemogram -

- i. Haemoglobin**
- ii. TLC**
- iii. DLC**
 - a) Polymorphs
 - b) Lymphocytes
 - c) Eosinophils
 - d) Basophils
 - e) Monocytes
- iv. Peripheral Smear**

2. Urine Examination -

- 1) Colour
- 2) Albumin
- 3) Sugar
- 4) Microscopic Exam

3. Blood Sugar -

- (i) Fasting
- (ii) Post-Prandial

4. Lipid Profile

- (i) Total Cholesterol
- (ii) HDL Cholesterol
- (iii) LDL Cholesterol
- (iv) VLDL Cholesterol
- (v) Triglycerids

5. Liver Function Tests

- (i) S.Bilirubin (Total)
- (ii) S.Bilirubin (Direct)



- (iii) SGOT
- (iii) SGPT

6. Kidney Function Tests -

- i. Blood Urea
- ii. S.Creatinine
- iii. S. Uric Acid

7. Cardiac Profile -

- i. S.LDH
- ii. CK-MB
- iii. S. CRP
- iv. SGOT
- v. **For Men - PSA**
- vi. **For Women - PAP Smear**

8. X-Ray-Chest PA View Report

9. ECG Report

10. USG Abdomen Report

11. TMT Report

12. Mammography Report (Women)

13. Gynecological Health Check Up -

- (i) Pelvic Examination
 - (a) Local Examination
 - (b) Per Vaginum (PN)
 - (c) Per Speculum
- (ii) Surgical Examination
- (iv) Breast Examination

14. (i) Urological Examination (For Men Only)

- (ii) Rectal Examination (For Men Only)



15. Systemic Examination -

- (i) Respiratory System
- (ii) CVS
- (iii) Abdomen
- (iv) CNS
- (v) Locomotor System
- (vi) Dental Examination

16. Eye Examination

- (i) Distant Vision
- (ii) Vision with Glasses
- (iii) Vision with Glasses
- (iv) Colour Vision
- (v) Tonometry
- (vi) Fundus Examination

17. ENT

- (i) Oral Cavity
- (ii) Nose
- (iii) Throat
- (v) Larynx

B. Medical Report of the Officer:

1	Hemoglobin Level of the Officer	Normal / Low
2	Blood Sugar Level	Satisfactory / Normal / High / Low
3	Cholesterol Level of the Officer	Normal / High / Low
4	Liver Functioning	Satisfactory / Normal / Dysfunctioning
5	Kidney Status	Normal / Both-One kidney not functional optimally
6	Cardiac Status	Normal / Enlarged / Blocked / Not normal



FINAL OPINION

C. Summary of Medical Report

(Only copy of this part is to be attached to ACR):

1	Overall Health of the Officer	
2	Any other remarks based on the Health medical check-up of the Officer	
3	Health profile grading	

Date:

Signature of Medical Authority

Designation :