

CITATION#

This should be in form of a write-up of about 250 words, giving complete details (sequence wise) of the lifesaving act clearly bringing out the **courage and promptude displayed by the rescuer and danger to his / her life under the circumstances**. The details of the injury, if any, suffered by the rescuer during the act may also be given. (Separate sheet to be attached).

* The category of award recommended should invariably be mentioned.

Note: All columns must be completed in all respects failing which the application is liable to be rejected.